Nutrition Facts

Serving Size (60g)
Servings Per Container
Amount Per Serving
Calories 210 Calories from Fat 60
% Daily Value*
Total Fat 7g 11%
  Saturated Fat 4g 20%
  Trans Fat 0g
  Polyunsaturated Fat 1g
  Monounsaturated Fat 1.5g
Cholesterol 10mg 3%
Sodium 100mg 4%
Total Carbohydrate 26g 9%
  Dietary Fiber 11g 44%
  Sugars 2g
  Sugar Alcohol 12g
Protein 20g 39%
Vitamin A 0% • Vitamin C 2%
Calcium 10% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500
  Total Fat Less than 65g 80g
  Saturated Fat Less than 20g 25g
  Cholesterol Less than 300mg 300mg
  Sodium Less than 2,400mg 2,400mg
  Total Carbohydrate  300g 375g
  Dietary Fiber   25g 30g
  Protein   50g 65g

Sequential Bar Technology

THRIVE PRO is the latest advancement and breakthrough in nutritional protein bar supplementation. It's also the latest product line falling under the billion dollar nutritional umbrella, THRIVE.

THRIVE PRO contains 20 grams of our proprietary sequential bar technology. The carbohydrate to protein ratio provides the perfect blend for an ideal snack, great for your busy schedule anytime of the day, as well as, offering the perfect pre- and post-workout solution to fuel the body for fitness and help muscles and the body recover. Bring THRIVE PRO with you in your purse, gym or golf bag, just make sure you never leave home without it.

Available in delicious Cinnamon Roll, Birthday Cake, Cookies & Cream, and Lemon Meringue flavors. Give your body the premium nutrition it needs. THRIVE on with THRIVE PRO.

LEMON MERINGUE

20G OF SEQUENTIALLY DELIVERED PROTEIN

ONLY 2G OF SUGAR

GLUTEN FREE

Nutritional Facts:

<table>
<thead>
<tr>
<th>Serving Size (60g)</th>
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Ingredients: Thrive Pro Sequential Protein Blend™ (Whey Protein Isolate, Milk Protein Isolate), Prebiotic Dietary Tapioca Fiber, Maltitol, Vegetable Glycerine, Palm Kernel Oil, Natural Flavors, Whey Protein Concentrate, Palm Fruit Oil, Sunflower Seed Butter, Nonfat Dry Milk, Tapioca Starch, Whole Milk Solids, Soy Lecithin, Sea Salt, Citric Acid, Calcium Carbonate, Sunflower Lecithin, Sucralose, Yogurt Cultures.

Allergens: Contains Milk, Soy, Tree Nuts (Coconut).

Net Carbs: 26g – 12g sugar alcohols – 11g dietary fiber = 3g Net Carbs

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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