



sequential gel technology

- > Restful Effect⁺
- > Stress Management⁺
- > Relaxation Support⁺
- > Calming Effect⁺

Supplement Facts:

Dietary Supplement

Serving Size: 1 packet (29.57 ml) **Servings Per Container:** 1

	Amount Per Serving:	% Daily Value**
Calories	30	
Total Carbohydrate	7 g	2%
Sugars	6 g	*
Sodium	10 mg	<1%

Sleep Gel Blend Le-Vel: 424 mg *

L-Tryptophan, GABA (Gamma-Aminobutyric Acid), Skullcap Extract, Ashwagandha Extract, Bacopa Monnieri Extract, Valerian Root Extract, Passion Flower Extract, Hops Extract, Chamomile Extract, Melatonin, L-Theanine

* Daily Values not established.

** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other ingredients: Purified Water, Fructose, Glycerin, Natural Flavor, Cellulose Gum, Xanthan Gum, Citric Acid, Stevia Leaf Extract, Potassium Sorbate.

Premium Sleep Health

THRIVE REST is a premium gel formula created to support sleep health, giving the body essential nutrients needed to offer a restful and calming effect, relaxation support, and assist with stress management. REST is a dual action formula developed to help the body not only go to sleep, but stay asleep, and wake up refreshed. For best results, combine REST with your THRIVE 8-Week Experience—Premium Lifestyle Capsules, Premium Lifestyle Shake Mix, and Premium Lifestyle DFT!

⁺These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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