

YOUR TOP 10 QUESTIONS... answered!



M Y F R E S H
meals

B Y L E - V E L

Q1:

Do meals generate commissions?

A: While MYFRESH Meals has not fully launched, our Executive team is exploring various ways to integrate our new category into the LV Rewards Plan & The Refer 2 Model, over and above QV. That said, it's very important to us to keep the price of our meals at almost an at-cost basis because we believe in getting the masses to subscribe to our MYFRESH Meals, as an easy way to then introduce them to the THRIVE Experience. But please know, for 11 Years now, the company has always made the right decisions for our Promoters. As MYFRESH Meals becomes fully launched in the coming weeks, be expecting news on how this new product category can generate commissions, both directly and indirectly for Promoters.

Q2:

Can Credits & Promo Codes be used?

A: Not at this time. We've priced MYFRESH Meals at almost an at-cost basis with the goal of maximizing the number of consumers signed up and subscribed for weekly meal delivery. Due to the at-cost pricing model (that includes free shipping with Autoship), the use of THRIVE Credits & Promo Codes will not be allowed.

Q3:

What does Farm-to-Table mean?

A: Our Farm-to-Table concept is not dedicated to just one farm or supplier. We source various ingredients—poultry, fish, pork, beef, and produce—from local purveyors & suppliers to find the right premium grade ingredients free of hormones, antibiotics, pesticides, and no added sugars or preservatives. We then bring these locally-sourced, always-fresh, never-frozen ingredients into our commercial kitchen where our meals are prepped, cooked & shipped directly to your door.

Q4:

Can you explain more about the shipping, heating & shelf life?

A: All orders are shipped directly to you in a fully-insulated package designed with Nordic Ice to keep the meals completely protected, cold and fresh during transit, which is approximately 2–3 days. Once you receive the meals, please place them into your refrigerator and then heat when you and your family are ready. While we designed them to be quickly heated in a microwave, you can use an oven or airfryer—just please make sure you remove the meals from their microwave safe trays and transfer them to oven or airfryer safe warming containers. If there are additional sauce containers in the meals, always remove them before heating. Our meals are meant to be consumed within a 7-10 Day window. We do not recommend freezing the meals as we designed them for maximum Freshness & Flavor which will be lost if frozen. Simply open, heat & eat your meal...super convenient and easy!

Q5:

Where do you deliver & do you ship to PO boxes and businesses?

A: For now, we are focusing on just shipping to residential addresses (no PO boxes), as our meals are never frozen, always fresh, and not intended to sit at a location for an extended period of time. We ship nationally in the United States to the lower 48 States, but are looking at expanding to additional locations, states, and countries as we grow.

Q6:

How does the MYFRESH Meals Autoship work?

A: You will select your default set of meals in either the 8- or 14-Meal Plan and your preferred weekly delivery date. This is your default set of weekly meals going forward, unless you decide to change them in your profile. Each week, you can easily update your selection of meals up to the cutoff date. What makes this exciting is that over time our Chef and kitchen will be adding NEW items (including dietary specific meals) to our ever-growing menu, in order to offer you a robust selection to enjoy!

Q7:

Are MYFRESH Meals gluten free?

A: Yes, we do offer gluten-free meal options. They are prepared without gluten ingredients, but they are made in the same facility as gluten-containing dishes. Trace gluten may be present.

Q8:

How much sodium is in the meals?

A: Every meal is different and some will have higher sodium levels than others. Our belief in providing Farm-to-Table, always-fresh, never-frozen meals that are as unadulterated as possible, drives our Chef and kitchen to focus on natural flavors, not added ones.

Q9:

Are these meals packaged sustainably?

A: All our packaging is 100% recyclable from the box, to the insulation to the Nordic Ice packs and the meal containers. We strive to be environmentally conscious on everything we do and use as many pre-recycled materials as possible in our entire package line which allows for you to fully recycle them after use as well.

Q10:

Can I customize meals?

A: At this time we do not offer customization of individual meals. However, we do offer a robust menu to select from, with new meals added regularly that fit your dietary needs.